

# BAGCATs?? !!

## How is it used?

The BWSC championships are now run using the new (British Age Group) BAG points system or GB points system depending on age. Generally, the younger swimmers (10-14 years) fall into the BAG point system.

All club members should have received the ASA Age Group Swimming leaflet which explains the system and reasons behind it, but the following may help:

- The overall position of a swimmer is the sum of the BEST point score in each of the 5 categories (Sprint, 100m, FORM, Distance and IM). This is the reason it is advisable to enter every category.
- FORM stroke is one of the three strokes having specific requirements (i.e. Breaststroke, Butterfly or Backstroke). Freestyle is not a FORM stroke.
  - The point is derived from the swimmers time, stroke, age and correction factors. As each stroke correction factor is different, it may not be obvious which is the best stroke!

To check out the BAGCATS age groups, follow the [link .....](#)

